




THE CAVE

SMOOTHIE BAR

All Smoothies Are 16oz

MANGO & PINEAPPLE

Mango, Pineapple, Banana,
Coconut Milk, Agave

BERRY BLAST

Strawberries, Blueberries, Raspberries,
Banana, Yogurt, Milk, Honey

GREEN TURBO

Kale, Spinach, Banana, Avocado,
Almond Milk, Chai, Honey, Lime

SUMMER REFRESHER

Watermelon, Mint, Lime, Honey

COCONUT COOLER

Coconut Milk, Banana, Pineapple,
Lime, Agave

STRAWBERRY BLAST

Strawberries, Kiwi, Banana, Yogurt,
Orange, Honey

ADD-ONS

Add-ons: first add-on included,
additional +\$2.50 each

- SUPERFOOD PROTEIN
- COLLAGEN PEPTIDE
- KLEAN CREATINE
- FOCUS BLEND

BREAKFAST

EGG & PESTO BISCUIT 5

BACON EGG & CHEESE
BISCUIT 7

12

SAUSAGE EGG & CHEESE
BISCUIT 7

10

HANDHELDS

10

CLUB SANDWICH 16
Ham, Turkey, Bacon, Lettuce,
Tomato, Garlic Aioli, Sourdough

8

LOBSTER ROLL 35

CHICKEN SALAD CROISSANT 10

10

TUNA SALAD SANDWICH 8

GLEEZY DOG 7

10

HOT DOG 5
Choice of Toppings: Slaw, Fritos,
Cheese, Gleezy Sauce, Ketchup,
Mustard, Mayo
Chili +\$2

CHICKEN TENDERS 10

PEANUT BUTTER & JELLY 5



Why is Jack Nicklaus' nickname "The Golden Bear"?

Jack Nicklaus was given his nickname by Australian sportswriter Don Lawrence who authored an article about Jack Nicklaus arriving in Australia in 1961. The headline was: "Golden Bear from U.S. to Arrive Today."

Also, the high school Nicklaus went to was the Upper Arlington Golden Bears.

"Well, I've been a Golden Bear all my life. I might as well continue to be a Golden Bear." - Jack Nicklaus

SNACKS

BAGGED CHIPS

Lays, Doritos Cool Ranch, Doritos, Miss Vickie's BBQ, Salt & Vinegar, or Jalapeño, Cheetos, Fritos, Sunchips

CANDY BARS

CHEESE OR PEANUT BUTTER CRACKERS

JERKY

SABRA SMART CRACKERS

OLLI MEAT & CHEESE SNACK PACK

FRUIT SALAD

FIRST TEE BAR

KIND BAR

GRILLED CHEESE BAR

LITTLE PIGGY

12

Sourdough, BBQ Pork, Caramelized Onions, Cheddar & Pepperjack

SPICY PIGGY

10

Bacon, Pepper Jelly, Red Onion, Mozzarella, Pepperjack

BUFFALO CHICKEN

12

Chopped Chicken Tenders, Buffalo Sauce, White Cheddar

BEEF CHEESESTEAK

13

Prime Rib, Caramelized Onions, Poblano Peppers, White Cheddar

CHICKEN CHEESESTEAK

12

Grilled Chicken, Poblano Peppers, Swiss & Provolone

CHEESE PLEASE

7

3 Cheddar, White Cheddar, Mozzarella

TOMATO LOVER

8

White Cheddar, Swiss, Heirloom Tomatoes

CLUB MELT

12

3 Ham, Turkey, Bacon, Tomato, Provolone, Pepperjack

PIMENTO CHEESE

8

6

8

10

5

5

4



The Club at Longview is PROUD to serve you all at THE "Golden Bear's" CAVE

